

## **Gymnastics Incursion Procedure – Rosebery Preschool**

### **Rationale**

At Rosebery Preschool, incursions provide valuable opportunities to extend children’s physical development, confidence, and participation in structured movement experiences. The gymnastics incursion supports children’s gross motor development, coordination, balance, and wellbeing in a safe and engaging environment, supporting children to build a strong sense of identity and wellbeing.

### **Policy Statement**

Rosebery Preschool is committed to providing safe, inclusive, and developmentally appropriate incursion experiences. The gymnastics program will be delivered by qualified external providers, with educators maintaining active supervision and always supporting children’s participation. Families will be informed of all incursions and associated arrangements, supporting strong partnerships with families.

### **Legislative Requirements**

This procedure aligns with the following:

#### **Education and Care Services National Law**

Section 165 – Offence to inadequately supervise children

Section 167 – Offence relating to protection of children from harm and hazards

#### **Education and Care Services National Regulations**

Regulation 99 – Children leaving the education and care service premises

Regulation 100 – Risk assessment must be conducted before excursion/incursion

Regulation 155 – Interactions with children

Regulation 168 – Policies and procedures

#### **National Quality Standard**

QA2 – Children’s Health and Safety

QA3 – Physical Environment

QA5 – Relationships with Children

#### **EYLF Outcomes**

1.1,1.2, 1.3, 3.1, 3.2



## **Implementation**

### **Program structure:**

- Gymnastics incursions are delivered by TGA Darwin Gymnastics (*subject to change each year depending on provider availability*).
- The program is funded through each child's school voucher.
- Each class participates in two sessions over two weeks (*subject to change depending on enrolment numbers each year*).

### **Group organisation:**

- Group 1 classes will be split into two separate time sessions.
- Group 2 will attend on a separate allocated day.

### **Supervision and staffing:**

- The classroom teacher and support staff will always remain present.

### **Educators will:**

- Actively supervise children.
- Support participation, confidence, and skill development
- Ensure safe use of equipment and spaces.

### **Health and safety:**

- A risk assessment will be conducted prior to the incursion.
- Sun safety procedures will be followed, including:
  - Application of sunscreen prior to outdoor sessions.
  - Use of hats when required.
- Sessions will be rescheduled in the event of unsuitable weather.

### **Photography and documentation:**

- Photos will only be taken using the preschool device in line with service procedures.
- Photos will not be shared with any third party, including the gymnastics provider.

### **Family communication:**

#### **Families will be:**

- Informed prior to the commencement of the gymnastics program for the term.
- Provided with relevant information regarding session structure and participation.
- Supported to engage in their child's learning experiences

### **Additional considerations:**

- All children will be supported to participate in a safe and inclusive manner.



- Adjustments will be made as needed to meet individual needs.
- Participation supports children's confidence, resilience, and willingness to try new challenges

**Effective**

Term 1, 2026

**Date of next Review**

Term 1, 2027

**Developed by**

Preschool Teacher in Charge

